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# Vocal Technique: A Guide To Finding Your Real Voice (Book & CD)





## Synopsis

(Musicians Institute Press). Stop straining to hit those high notes! Unlock your true potential and start singing easily and effortlessly with this book/2-CD pack by Musicians Institute vocal instructor Dena Murray. She teaches how to: breathe naturally; improve your speaking voice; stop holding, pushing and squeezing; develop your natural three-octave range; place your chest and head voices; and bridge the registers to sound like one voice. Includes two CDs with demonstrations, guided exercises, and plenty of practice tracks.

### **Book Information**

Paperback: 64 pages Publisher: Musicians Institute Press (July 1, 2002) Language: English ISBN-10: 063401319X ISBN-13: 978-0634013195 Product Dimensions: 9 x 0.2 x 12 inches Shipping Weight: 12 ounces (View shipping rates and policies) Average Customer Review: 4.6 out of 5 stars Â See all reviews (47 customer reviews) Best Sellers Rank: #30,235 in Books (See Top 100 in Books) #7 in Books > Humor & Entertainment > Sheet Music & Scores > Forms & Genres > Vocal #10 in Books > Arts & Photography > Music > Songbooks > Jazz #14 in Books > Arts & Photography > Music > Songbooks > Vocal

#### **Customer Reviews**

Some people will not like my review of this book. However, that doesn't change the truth of what I'm about to explain. Dena Murray's book is marketed as a "vocal technique" book for contemporary music, however the "technique" this book does focus on is more the classical training: Keep your larynx low, you're throat open, focus on placement of the Italian vowel sounds, and practice scales to improve pitch and work the registers. This is nothing new, this is the formula that has been applied to train opera singers for many generations and if you want this information then Dena's book does an ok job of putting that form of traditional training together in a nice package here. I say 'ok' because I believe there are better books out there; the techniques that helped me the most are not found here.Considering that this book is marketed towards popular music vocalist and not traditional/classical singers, I'm giving this two stars. My problem with this book is outside of theater, I think the classical approach, while proven- has become a bit stale. Modern research by Thomas

Appell and others have shown the science behind the human voice, we all do not have two registers as Dena states. This is probably what she was told years and years ago and that's why she teaches it, but if you read Appeal's book you'll discover a detailed report of the science of the human voice. Dena seems to dodge middle voice altogether, in this book she says "there is a middle voice, but you need to develop chest and head first". this is the classical training school of thought. Dena's approach is what you want for opera and theater vocals. It's also ok foundation. If your practice the scales she provides and the techniques she presents you're voice will improve. But that's not the bottom line here.

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